

Programme of the Train Colonoscopy Trainers Course (Warsaw, 4-5 September 2026)

Narodowy Instytut Onkologii (National Research Institute of Oncology)

Roentgen street 5,

02-781 Warsaw, Poland

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Day 1

Classroom based and involves group work and endoscopy models

Venue: Conference Centre (CEK), Roentgen Street 5

Faculty: Ole Darre-Næss, Kjetil Garborg, Tanja Owen (Norway)

Wladyslaw Januszewicz, Nastazja Pilonis, Jaroslaw Regula (Poland)

Schedule	Instructors
0900 – Registration and welcome	<ul style="list-style-type: none"> • Ole Darre-Næss • Kjetil Garborg
0915 – Participants’ teaching experience and expectations	<ul style="list-style-type: none"> • Ole Darre-Næss • Kjetil Garborg
0945 – Quality in colonoscopy, open discussion	<ul style="list-style-type: none"> • Kjetil Garborg • Tanja Owen
1000 – Conscious competence	<ul style="list-style-type: none"> • Tanja Owen • Kjetil Garborg
1015 – Coffee break	
1030 – Framework for colonoscopy skills training (with demonstration)	<ul style="list-style-type: none"> • Kjetil Garborg • Ole Darre-Næss
1100 – Cognitive overload	<ul style="list-style-type: none"> • Tanja Owen • Ole Darre-Næss
1115 – The endoscopy language	<ul style="list-style-type: none"> • Ole Darre-Næss • Tanya Owen

1130 – Performance enhancing instructions	<ul style="list-style-type: none"> • Tanya Owen • Kjetil Garborg 	
1145 – Coffee break		
1200 – <i>“Polypectomy in the right colon”, open discussion</i> How to give feedback, open discussion	<ul style="list-style-type: none"> • Kjetil Garborg • Ole Darre-Næss 	
1225 – <i>“Negotiating the splenic flexure”, closed discussion</i>	<ul style="list-style-type: none"> • Kjetil Garborg • Ole Darre-Næss 	
1240 – When to take over the scope	<ul style="list-style-type: none"> • Ole Darre-Næss • Tanya Owen 	
1300 – Framework for colonoscopy skills training, summary	<ul style="list-style-type: none"> • Kjetil Garborg • Tanja Owen 	
LUNCH 1315 – 1400		
Afternoon session in 2 groups		
1400 – <i>“Scope handling”</i>	Tanja Owen	Kjetil Garborg
1430 – <i>“Torque steering”</i>	<ul style="list-style-type: none"> • Tanja Owen 	<ul style="list-style-type: none"> • Kjetil Garborg
1500 – <i>“Loop reduction”</i>	<ul style="list-style-type: none"> • Tanja Owen 	<ul style="list-style-type: none"> • Kjetil Garborg
BRAKE 1520 – 1530 (Prepare endoscopy models)		
1530 – <i>“Physical set-up”</i>	<ul style="list-style-type: none"> • Tanja Owen 	<ul style="list-style-type: none"> • Kjetil Garborg
1545 – <i>“Control of the teaching environment”</i>	<ul style="list-style-type: none"> • Tanja Owen 	<ul style="list-style-type: none"> • Kjetil Garborg
1600 – The endoscopy language	<ul style="list-style-type: none"> • Tanja Owen 	<ul style="list-style-type: none"> • Kjetil Garborg
1625 – Summary day 1	<ul style="list-style-type: none"> • Ole Darre-Næss • Tanja Owen • Kjetil Garborg • Wladyslaw Januszewicz & Nastazja Pilonis 	
1700 – Close		

Participants are invited to a course dinner the evening of day 1.

Lunch, coffee and refreshments will be served during both course days.

Day 2

Practical training with patients

Venue: Group 1: Centrum Profilaktyki Nowotworów (CPN) and

Group 2: Klinika Gastroenterologii VIII (KG8, 8 floor)

Schedule	Instructors	
0900-1500 – Colonoscopy with live transmission to seminar room. Each delegate will practice supervising a trainee during live colonoscopy and will receive feedback from course faculty. Interactive discussions the seminar room.		
Four delegates will be allocated to Rikshospitalet and four to Bærum hospital.	CPN	KG8
0830 – Registration and welcome	<ul style="list-style-type: none"> • Kjetil Garborg • Ole Darre-Næss • Nastazja Pilonis 	<ul style="list-style-type: none"> • Tanja Owen • W. Januszewicz
0900 – 1 st patient	<ul style="list-style-type: none"> • Kjetil Garborg • Ole Darre-Næss • Nastazja Pilonis 	<ul style="list-style-type: none"> • Tanja Owen • W. Januszewicz
1000 – 2 nd patient	<ul style="list-style-type: none"> • Kjetil Garborg • Ole Darre-Næss • Nastazja Pilonis 	<ul style="list-style-type: none"> • Tanja Owen • Nastazja Pilonis
1100 – 3 rd patient	<ul style="list-style-type: none"> • Kjetil Garborg • Ole Darre-Næss • Nastazja :Pilonis 	<ul style="list-style-type: none"> • Tanja Owen • W. Januszewicz
1200 – Lunch	Conference Centre	
1300 – 4 th patient	<ul style="list-style-type: none"> • Kjetil Garborg • Ole Darre-Næss • Nastazja Pilonis 	<ul style="list-style-type: none"> • Tanja Owen • Nastazja Pilonis
1400 – Summary	<ul style="list-style-type: none"> • Kjetil Garborg • Ole Darre-Næss • Nastazja Pilonis 	<ul style="list-style-type: none"> • Tanja Owen • W. Januszewicz
1500 – Close		